



## HER FOCUS

- **Change Readiness**
  - Change Leadership
  - Building Awareness + Hope-Centered Dialogue
  - Resiliency + Adaptability
  - Trauma-Informed Teams
- **Trust**
  - Measuring and Building Trust
  - Restoring Trust after Disruption
  - Trust In Crisis
  - Leader-Follower Trust
  - Open Trust Conversations
  - ASC-DOC Model of Trust
- **Belonging**
  - Belonging and Teamwork
  - Organizational Healing through Belonging
  - Building Authenticity, Vulnerability, and Belonging as Leaders
  - PLAY's role in building curiosity, belonging, and innovation at work



## BOOKS

- *Getting Ready: 10 Readiness-Building Exercises When Big Change Knocks You Off Your Feet*
- *Ready Now: 10 Keys to Facing and Leading Chaotic Change With Your Soul Intact*
- *If I Could: A Love Letter for the Brokenhearted*



## CONTACT

+1559.816.5765

[Dr.Burchard@ConcordLeader.com](mailto:Dr.Burchard@ConcordLeader.com)

Website: [ConcordLeader.com](http://ConcordLeader.com)

# Meet MaryJo.

*Dr. MaryJo Burchard has spent two and a half decades helping leaders, teams, and organizations build clarity, cohesion, and alignment while facing change and uncertainty. Since moving to Virginia Beach in 2014, Most of her work has been helping leaders and teams in local government, nonprofit, and corporate environments stay effective in tough times when people feel most vulnerable.*

*MaryJo's effectiveness at helping leaders and teams thrive while facing chaotic and unpredictable change was shaped by her own family's journey to help their Ukrainian-born son, Victor, heal from trauma, learn to trust, and grow into a thriving adult.*

*Her dynamic blend of storytelling, humor, and audience interaction when she speaks enables participants to feel safe, grow in awareness, regain hope and focus, and rediscover what is within their power to do the most possible good, right now.*



## EDUCATION

- **Regent University**  
PhD in Org Leadership 2014
- **Fresno Pacific University**  
MA in Org Leadership 2009



## WORKSHOPS

- Global Followership Conference
- International Leadership Assn global conferences
- Virginia Beach Belonging Summit
- International Leadership Assn Global Healthcare Conference



## KEYNOTES

- City of Virginia Beach Belonging Summit, 2024
- Fresno Pacific University Leadership Forum, 2023
- Character in Leadership Conference, U of Jamestown, 2023
- Pillar College Faculty Consortium, 2022
- Citibank Town Hall Meeting, 2021



## TV/PODCAST APPEARANCES

- Hampton Roads Business Weekly
- Heart-Centered Leader podcast with Deb Crowe
- The Remarkable Coach podcast

